

WESTERN CAROLINA WOMEN'S SOCCER



FACT BOOK

Last Updated May, 2019

AWARDS AND HONORS

SOCON ATHLETE OF THE WEEK

Shannon Burns, Oct. 23, 2018
Megan McCallister, Oct. 18, 2017
Laura Greb, Oct. 24, 2012
Samantha Hodge, Oct. 5, 2011
Caitlin Williams, Sept. 30, 2009
Arlan Whittle, Sept. 24, 2008
Caitlin Williams, Oct. 8, 2008

SOCON ATHLETE OF THE MONTH

Caitlin Williams, Nov. 2008
Alesha Row, Nov. 2005

SOCON PLAYER OF THE WEEK

Natalia Icen, Sept. 5, 2017
Lauren Martin, Oct. 27, 2016
Jennifer Lauer, Sept. 25, 2012
Caitlin Williams, Oct. 27, 2009
Caitlin Williams, Sept. 30, 2008
Caitlin Williams, Sept. 18, 2007
Shannon Fowkes, Oct. 9, 2007
Shannon Fowkes, Oct. 10, 2006
Casey Davis, Aug. 30, 2005
Jordan Howell, Sept. 25, 2001
Natasha Moore, Sept. 4, 2002

AII-SOUTHERN CONFERENCE FIRST TEAM

Markie-Lynn Studnicky, 2012
Shanna Schmoker, 2008
Heather Dittmer, 2006
Jordan Howell, 2001
Jamie Pawlik, 2002
Mandi Tinsley, 2002

SECOND TEAM

Sayres McKenna, 2017
Megan McCallister, 2017
Kelly Pannell, 2015
Christina White, 2014
Kayla Beaudy, 2011
Arlan Whittle, 2008
Emily Pierce, 2005
Alesha Row, 2005
Stephanie Svoboda, 2004
Mandi Tinsley, 2001
Lauren Bramlett, 2001
Nardia Moore, 2001
Jamie Pawlik, 2001
Nardia Moore, 2000
Brandy Ossmann, 2000
Nardia Moore, 1999

AII-SOCON FRESHMAN TEAM

Maryanne Kilgore, 2017
Emily Threatt, 2016
Sayres McKenna, 2015
Chandler Arrowood, 2014
Markie-Lynn Studnicky, 2012
Kayla Beaudy, 2008

AII-SOCON TOURNAMENT TEAM

Sayres McKenna, 2017
Jacquelyn Gnassi, 2017
Emily Threatt, 2017
Caitlin Williams, 2008
Jenny Matteson, 2008
Arlan Whittle, 2005, 2006, 2008
Mandi Tinsley, 2000, 2001
Shanna Schmoker, 2006, 2008
Alesha Row, 2005
Meghan Reilly, 2005
Casey Davis, 2005
Heather Dittmer, 2005
Jamie Pawlik, 2001
Nardia Moore, 2000, 2001

SOCON TOURNAMENT MOST OUTSTANDING

Caitlin Williams, 2008
Alesha Row, 2005

SOCON COACH OF THE YEAR

Debbie Hensley, 2001

SOCCER BUZZ

NATIONAL ELITE TEAM OF THE WEEK

Heather Dittmer, Nov. 10, 2005

SOCCER BUZZ ALL-NATIONAL TEAM

FIRST YEAR PROGRAMS

Kelly Barker, 1999
Nardia Moore, 1999

SOCCER BUZZ ALL-NATIONAL

FRESHMAN OF THE YEAR

FIRST YEAR PROGRAMS

Nardia Moore, 1999

SOCCER BUZZ

ALL-SOUTHEAST REGION TEAM

Jordan Howell, 2nd Team, 2001
Nardia Moore, 2nd Team, 2001

NATIONAL STRENGTH & CONDITIONING ASSOCIATION OF AMERICA

Keevy Harris, 2005
Stephanie Svoboda, 2004

SCHRADER SCHOLARSHIP RECIPIENTS

Lauren Bramlett, 2002
Kyla Deon, 2001
Heather Dittmer, 2005
Natalie Turgeon, 2003, 2004

SOCON SCHOLARSHIP RECIPIENT

Emily Pierce, 2005 (David Knight)
Brittany Gendron, 2014 (David Knight)

COSIDA ACADEMIC ALL-DISTRICT III

Kyla Deon, 2nd Team, 2002
Emily Pierce, 2nd Team, 2003, 2005
Samantha Hodge, 1st Team, 2011, 20012

2001 SOCON REGULAR SEASON CHAMPIONS

Western Carolina 1, Appalachian State 0

October 28, 2001

Catamount Athletic Complex, Cullowhee, N.C.



Sophomore Jordan Howell scored the lone goal in the contest to lead Western Carolina women's soccer team to a 1-0 victory over Appalachian State on Sunday afternoon at Schrader Field.

The win, combined with a Furman victory over Georgia Southern earlier in the day, makes the Catamounts the top seed at the 2001 Southern Conference Championship, held Nov. 8-10 in Greenville, S.C., at Furman University. Western, who is only in its third year of having varsity women's soccer, has also locked up at least a share of the SoCon regular-season title, with several teams having league games left on their schedule.

Western finished the season 10-0 at home and 8-2 in the SoCon.

2005 SOCON TOURNAMENT CHAMPIONS

Western Carolina 1, Furman 0

November 6, 2005

Stone Stadium, Greenville, S.C.



Early in the second half, Western's Heather Dittmer took a Natalie Turgeon pass and headed the ball past Furman's keeper to lift the Catamounts to a 1-0 victory over the Paladins en route to winning the 2005 Southern Conference Championship Sunday afternoon at Furman's Stone Stadium. With the win, the Catamounts earn the conference's automatic bid and first ever trip to the NCAA College Cup Championships.

Western Carolina garnered the game-winning goal at the 47:43 mark when Turgeon found Dittmer just inside the six-yard box. Dittmer took advantage of the Turgeon cross, placing the ball in the back of the net with a header between the pipes after Furman's first-team All-SoCon goalkeeper Andie Hinshaw was caught out of position.

CATAMOUNTS IN THE SOUTHERN CONFERENCE TOURNAMENT

SEASON	OPPONENT	SCORE	ROUND	SEED
1999	#1 Furman	L, 0-4	First Round	8th
2000	#3 Georgia Southern	W, 3-1	First Round	6th
	#2 UNCG	L, 1-3	Semifinals	
2001	#8 Wofford	W, 2-1	First Round	1st
	#4 Georgia Southern	W, 2-1	Semi-finals	
	#3 UNCG	L, 1-2 (2OT)	Finals	
2002	#7 Wofford	L, 0-1	First Round	2nd
2003	#1 Furman	L, 1-2	First Round	8th
2004	#1 UNCG	L, 0-7	First Round	8th
2005	#5 College of Charleston	W, 2-1 (OT)	First Round	4th
	#1 Davidson	W, 2-0	Semi-finals	
	#2 Furman	W, 1-0	Finals	
2006	#4 College of Charleston	W, 3-2	First Round	5th
	#1 UNCG	L, 0-1	Semi-Finals	
2007	#4 College of Charleston	T, 1-1 (CoC PK)	First Round	5th
2008	#7 Elon	T, 1-1 (WCU PK)	First Round	2nd
	#3 Samford	W, 1-0	Semi-Finals	
	#1 UNCG	T, 0-0 (WCU PK)	Finals	
2009	Did Not Qualify for Championships			
2010	Did Not Qualify for Championships			
2011	#1 Samford	L, 1-2	First Round	8th
2012	Did Not Qualify for Championships			
2013	#1 Furman	L, 0-2	First Round	8th
2014	#3 Mercer	L, 1-2	First Round	6th
2015	#3 UNCG	L, 1-3	First Round	6th
2016	#10 Wofford	W, 2-1	First Round	7th
	#2 ETSU	L, 1-2	Quarterfinals	
2017	#5 VMI	W, 1-0	Quarterfinals	4th
	#1 Furman	W, 2-0	Semi-finals	
	#3 UNCG	L, 0-1	Finals	
2018	#5 Furman	L, 0-1	Quarterfinals	4th

SOCON CHAMPIONSHIP RECORD

Appearances	Won	Lost	Tie	Pct.
16	9	13	3	.678

OVERALL SOUTHERN CONFERENCE TOURNAMENT RECORD

FIRST ROUND	6-9-2
QUARTERFINALS.....	1-2
SEMI-FINALS.....	4-2
FINALS.....	2-2
TOTAL.....	13-15-2

ALL-TIME JERSEY NUMBERS

- 0 -	Dittmer, Heather 2004-07	Pittman, Joy 2010
Andrews, Erin 2007	Howell, Jordan 2000-03	Thomas, Kayla 2015-18
Dooley, Sara 2016	Webb, Taylor 2015-16	- 18 -
Jacobs, Katie 2008-12	- 9 -	Harris, Megan 2004-05
Martin, Lauren 2011-14	Bramlett, Lauren 2000-03	Matteson, Jenny 2006-09
- 00 -	Cooke, Kasey 2013-17	Pissott, Tami 2001
Gnassi, Jacquelyn 2015-18	Davis, Molly 2010	Sears, Brianna 2015-17
Lauer, Jennifer 2011-14	Ward, Savannah 2011-12	Sedgley, Kayla 2010-13
Ross, Lauren 2007	Whittle, Arlan 2005-08	White, Ellie 1999-00
Row, Alesha 2003-06	Winter, Julia 2018-present	- 19 -
Tinsley, Mandi 1999-02	- 10 -	Kearns, Lexi 2010
Williams, Caitlin 2008-10	Chambers, Meghan 2003-05	Moore, Natasha 2002-05
- 1 -	Cocknell, Christine 2011-14	Saneholtz, Renee 2017-present
Fahey, Jessica 2005	DeShelter, Katie 2006	Schomper, Rachael 2006-09
Gill, Caitlin 2007-09	McKenna, Sayres 2015-18	Sullivan, Kimberly 2011-05
Martin, Lauren 2011-12	Oberholtzer, Kellie 2007-10	- 20 -
Owens, Ashlee 2018-present	Rice, Sarah 1999-02	Chambers, Megan 2002
Temple, Sabrina 2009-10	- 11 -	Culp, Bailey 2004-07
Tinstman, Carly 2013-16	Barker, Kelly 1999-02	DeQueiroz, Cassie 2010
Weaver, Tina 2000-03	Collins, Nikki 2006-09	Edgren, Jessica 2018-present
- 2 -	Davis, Casey 2003-05	El-Shami, Layla 2017
Berry, Melissa 2004-07	Frankeny, Alexa 2014-18	Field, Carrie 2008
Deon, Kyla 1999-2002	Ober, Katelyn 2010	Hill, Mackenzie 2014
Lynn, Emily 2008-11	Robinson, Sara 2012	Lay, Melissa 2011
McCallister, Megan 2016-18	- 12 -	Morton, Yasmin 1999-00
Rosu, Courtney 2012-15	Freeman, Elizabeth 2016-present	- 21 -
- 3 -	Haywood, Emma 2016-present	Anderson, Renee 2008-09
Flanders, Megan 2011	Gendron, Brittany 2010-14	Atkinson, Lauren 2004-07
Hill, Olivia 2016	Gulledge, Kelly 2006	Cannon, Ashton 2016-present
Harris, Keevy 2003-06	Holder, Hillary 2008-09	Davis, Casey 2002
Moore, Nardia 1999-02	Pierce, Emily 2002-05	Pawlik, Jamie 2001-02
Nieto, Aimee 2007	Sanders, Rebecca 2001	Robinson, Sara 2011-15
Pannell, Kelly 2012-15	Williams, Caitlin 2007	Weigel, Katie 2010
- 4 -	- 13 -	- 22 -
Daino, Leah 2004-07	Budnick, Tara 2011-14	Ducker, Mercedes 2013-16
Dawsey, Jordan 2016-present	Frazier, Eynde 2015-18	McClagherty, Hannah 2017-present
Deon, Kristen 2000-03	Jones, Tammy 2003-06	Patton, Jaycee 2011
Figliola, Morgan 2013-15	Hamilton, Erin 2007-10	Pawlik, Jamie 2011-02
Greb, Laura 2009-12	- 14 -	Svoboda, Stephanie 2003-05
Rollins, Merritt 2008	Bennefield, Brittany 2001-04	Williams, Andrea 2007
- 5 -	Diano, Marianne 2006	- 23 -
Burns, Shannon 2015-18	Hodge, Samantha 2008-12	Joyner, Megan 2015-present
Cunningham, Bri 2006-09	Mallon, Courtney 2007	Schmoker, Shanna 2006-09
Foresman, Morgan 1999-02	Mellis, Anna Marie 2014-17	Sears, Brianna 2014
Kuhn, Leigh Ann 2010-11	Van Den Berg, Amber 2018-present	Gastesi, Alex 2010-13
Turgeon, Natalie 2002-05	- 15 -	Zipay, Emily 2017-present
White, Christina 2011-14	Baruwa, Buki 2005-08	- 24 -
- 6 -	Gerulis, Emily 2014-15	Crawford, Emily 2018-present
Arrowood, Chandler 2014-15	Kaznowski, Christine 2011-13	Deck, Jennifer 2003-04
Cuevas, Brianna 2013	Mallow, Courtney 2007-09	Hakwins-Dabney, Tatiana 2016
Kilgore, Maryanne 2017-present	Nelson, Reily 2018-present	Hughes, Heather 2005
Lee, Taylor 2008-09	White, Ellie 1999-00	Lambardo, Nikki 2006-09
Ossman, Brandy 2000-01	Wilson, Felicia 2000-03	Ross, Elizabeth 2010-11
Munn, Rebekah 2004-07	- 16 -	Schwartz, Amanda 2012-15
Salmons, Katie 2010-12	Edwards, Angela 2010-11	- 25 -
Zipay, Emily 2016	Fowkes, Shannon 2006-09	Leland, Haven 2013-16
- 7 -	Nicolini, Marie 2002-05	Pittman, Joy 2008
Bradham, Caitlyn 2011-14	Studnick, Markie-Lynn 2012-15	Robinson, Sara 2012
Doherty, Meghan 1999-02	Threatt, Emily 2016-present	Wright, Mackenzie 2017-present
Eichler, Liz 2007-11	- 17 -	Yunger, Jennah 2007
Reilly, Meghan 2003-06	Lee, Madison 2011-14	
Swartwout, Katie 2016-present	Kirkpatrick, Christel 1999-02	
- 8 -	Kake, Katie 2006-09	
Beauduy, Kayla 2008-11		
Couch, Cami 2017-18		

ALL-TIME JERSEY NUMBERS

- 26 -

Carter, Lindsay 2009-12
Gulledge, Kelly 2006
Huhn, Ashley 2008
Owens, Amy 2014-16
Webb, Taylor 2013-16
Withoft, Brandi 2006

- 27 -

Estes, Kelly 2008
Freeman, Elizabeth 2017-present
Halstrom, McKenzie 2011
Haywood, Emma 2016-present
Kaznowski, Christine 2010
Robertson, Sydney 2007
Salmons, Katie 2009
Wood, Taylor 2013-15

- 28 -

Collins, Jennifer 2011
Dixon, Mary 2014-17
Mardis, Stacey 1999-00

- 29 -

Arquijio, Megan 2011
Caudle, Sheridan 2013-14
Walker, Deyana 2014-17

- 30 -

Caudle, Sheridan 2015-16
Giradi, Kristin 2008
Kuhn, Leigh Ann 2011
Ward, Regan 2017-present

- 31 -

Coke, Mackenzie 2011-14
Mallon, Courtney 2008-09
Pighini, Isabelle 2017-present
Sink, Hannah 2015-16

- 32 -

Cunningham, Kerry 2008
Maloney, Shannon 2014-15
Moncrief, Kyla 2016-17
Weigel, Katie 2011-13

- 33 -

Icen, Natalia 2017-present

- 98 -

Dooley, Sara 2015

- 99 -

Overman, Rebecca 2015